

MINUTES
UTAH
MARRIAGE AND FAMILY THERAPIST
LICENSING BOARD MEETING

December 11, 2008

Room 464 – 4th Floor – 9:00 A.M.
Heber Wells Building
Salt Lake City, UT 84111

CONVENED: 9:10 A.M.

ADJOURNED: 11:10 A.M.

Bureau Manager:

Rich Oborn

Board Secretary:

Lee Avery

Board Members Present:

Richard Nielsen, Ph. D. Chairperson

Jean N. Soderquist, Ph. D.

Scot M. Allgood, Ph. D.

Board Members Excused:

Karen Feinauer

Lanae Valentine, Ph. D., resigned

Guests:

None

DOPL Staff Present:

F. David Stanley, Division Director

Kent Barnes, Compliance Manager

TOPICS FOR DISCUSSION

DECISIONS AND RECOMMENDATIONS

ADMINISTRATIVE BUSINESS:

MINUTES:

The Board reviewed the minutes from the September 23, 2008 board meeting. Dr. Soderquist motioned to approve the minutes with changes, seconded by Dr. Allgood. The motion carried unanimously.

Mr. Barnes, Compliance Manager

Mr. Barnes advised the Board that there are only two (2) probationers meeting with the Marriage and Family Therapist Licensing Board.

#1. Suzanne Dastrup is in compliance. Ms. Dastrup has a history of complying with her stipulation.

Discussion:

The Board noted that she last met with her supervisor on November 28, 2008 and this report reflected favorably for Ms. Dastrup. She is making sound and appropriate decisions regarding boundary issues.

#2. Linda Helquist is in compliance. Ms. Helquist has submitted all of the documents that she is required to submit.

Discussion:

The Division received Ms. Helquist's psychological evaluation, her essay, and a letter from her supervisor. Ms. Helquist's supervisor is recommending that the Board consider reducing the supervision hours. The Board reviewed her psychological evaluation and suggested she take didactical training so she will be able to better recognize the different personality disorders in her patients. She may not be seeing these types of clients; however, she does need to be able to recognize them.

APPOINTMENTS:

Suzanne Dastrup, Probation Interview

Ms. Dastrup presented herself to the Board. Dr. Nielson conducted the interview. Ms. Dastrup advised the Board that she has had several meetings with her supervisor since she last met with the Board. Ms. Dastrup stated that she is doing well. She feels meeting with her supervisor is helpful. Ms. Dastrup stated that there are other therapists attached to the office and they have discussed having meetings for support and to review concerns; however, nothing definite has been established at this time. Ms. Dastrup stated that her supervisor chooses the cases he wants to review. Ms. Dastrup stated that she has established specific work hours. She is very cautious about not adding someone before normal work hours or after normal work hours. The Board asked to see Ms. Dastrup on June 11, 2009. **Ms. Dastrup is in compliance with her stipulation.**

Linda Helquist, Probation Interview

Ms. Helquist presented herself to the Board. Dr. Allgood conducted the interview. Dr. Nielson motioned to close the meeting to discuss Ms. Helquist's psychological evaluation at 9:50 A.M. There was no recording or written notes taken during the closed meeting. The meeting opened up at

10:15A.M. The Board noted that Ms. Helquist completed the additional ten (10) hours of continuing education as required in her stipulation. Ms. Helquist advised the Board that she found it very helpful to review the AAMFT Code of Ethics. The courses regarding boundary violations have made her more aware and she is thinking things through more than she had previously. Ms. Helquist stated that she is willing to take didactical behavior training, given by Marshall Linehan, as recommended by the Board. The Board asked her to share this information with the Board once she completes it. Ms. Helquist stated that she brings all of her files to her supervisor and he selects the ones to review. Ms. Helquist stated that once they review the tapes, she erases them. Ms. Helquist stated that she is talking to some colleagues about establishing an informal group to discuss issues and concerns. Ms. Helquist asked the Board to consider reducing her supervision. Her supervisor, Jon Larsen, has submitted a letter recommending that the Board consider reducing her supervision. After reviewing the letter, the Board noted that this would require an amendment to her order. Dr. Allgood motioned to amend Ms. Helquist's stipulation to allow supervision to occur at a lesser frequency as recommended by the Board and Division, seconded by Dr. Soderquist. The motion carried unanimously. Dr. Allgood motioned to amend the stipulation to video tape or audio tape at least one clinical session per month, seconded by Dr. Soderquist. The motion carried unanimously. The Board asked to see Ms. Helquist on March 19, 2008.

Ms. Helquist is in compliance with her stipulation.

Amanda Stevenson, Application Review

Ms. Stevenson failed to keep her appointment with the Board. The Board reviewed the application submitted by Ms. Stevenson. The Board noted that Ms. Stevenson is deficient in the following:

1. Missing 1.5 semester hours of human development and family studies;
2. Missing .50 semester hours in ethics; and
3. Missing 214.25 clock hours of supervised clinical practicum, noting documentation she has only completed 385.75 hours.

Dr. Allgood motioned to deny the application on the basis of the deficiencies noted by the Board, seconded

by Dr. Soderquist. The motion carried unanimously.

DISCUSSION:

**Discussion regarding MFT License
Education Requirement:**

The Board reviewed the education requirement as listed in the Marriage and Family Therapist statutes and rules. Mr. Oborn noted that it is the Utah Legislature that establishes the statutes and the Division and Board further clarifies requirements in rule. The Board opted not to make any changes in the Marriage and Family Therapist Licensing Act Rules at this time. Mr. Oborn stated that if there are applications submitted where the applicant attended an institution without the accreditation, the Division will continue to refer them to the Board for review.

Discussion Regarding Potential Rule Change

Mr. Oborn advised the Board that the Division would like to add a provision to the Marriage and Family Therapist Licensing Act Rules regarding the change in supervisor requirements and allowing the Division and Board the discretion to accept all or part of the hours earned under a supervisor that does not meet the new qualifications. The Division is concerned there may be students who may have a portion of their hours earned before the change in the supervisory requirement before January 1, 2009. In order to make this work, there needs to be a paragraph added to the rules. After further discussion, Dr. Soderquist motioned to accept the proposed rule as amended, i.e.: If an applicant who submitted an application before July 1, 2009 who has a supervisor who fails to meet the supervisory requirement of subsection 3, the Division in collaboration with the Board may waive the requirement of subsection 3 in an interest in fairness and public safety, seconded by Dr. Allgood. The motion carried unanimously.

APPLICATIONS:

None at this time

CORRESPONDENCE:

None at this time

NEXT MEETING SCHEDULED FOR:

March 19, 2009

Board Meetings for 2009 have been tentatively scheduled:
March 19, 2009
June 11, 2009
September 10, 2009
December 10, 2009

ADJOURN:

The Board adjourned at 11:10 A.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

March 19, 2009
Date Approved

(ss) Richard Nielsen, Ph.D
Richard Nielsen, Ph.D. Chairperson, Utah Marriage
and Family Therapy Licensing Board

February 24, 2009
Date Approved

(ss) Richard Oborn
Richard Oborn, Bureau Manager, Division of
Occupational & Professional Licensing